



## NEEDS LIST

### Indianapolis | Bloomington

You can help as we endeavor to meet the most basic needs of the disadvantaged and homeless men, women, and children in the Indianapolis and Bloomington communities.

#### CLOTHING Men's, Women's, Children's

*(Can be gently used; all sizes needed, including XL - 4X)*  
Undershirts, underwear (all types + sizes)  
Pajamas (all sizes)  
Pants, jeans, sweatpants, etc.  
Shoes, boots, dress shoes, flip-flops, sandals, shower shoes  
Socks  
Coats, jackets, rain ponchos  
Accessories: belts, hats, scarves, gloves  
Pantyhose (black, taupe, suntan; M to queen-size)

#### HYGIENE ITEMS

Baby wipes, baby shampoo, diapers, pull-ups (larger sizes)  
Body wash (trial/travel size, large bottles)  
Chucks (disposable, waterproof bed pads)  
Deodorant (trial/travel size, regular size, spray)  
Disposable razors  
Ethnic hair care products  
Shampoo, conditioner, moisturizer, hair relaxer  
Shaving cream  
Skin lotion (trial/travel size, large bottles)  
Soap (trial/travel size)  
Blow dryers  
Chapstick  
Cornstarch powder, foot powder  
Cotton balls  
Hairbrushes, combs, night caps, ponytail holders  
Super tampons, sanitary napkins  
Toilet paper  
Toothbrushes, toothpaste (trial/travel size toothpaste)

#### PROGRAM ITEMS

**Notebooks + notebook paper (college or wide-ruled)**  
#10 envelopes  
Blank CDs  
Copy paper  
Flash drives (any size)  
Gift cards (McGraw-Hill/Contemporary, Barnes & Noble, Amazon)  
Inexpensive 8x10 frames for certificates  
Pencils, pens, highlighters  
Pocket folders  
Spiral index cards  
Three-ring binders (1 1/2", 3" clear view), notebook dividers

#### GROCERY ITEMS

Coffee (regular + decaf), sugar, creamer  
Eggs  
Meats (fish, chicken, ham, beef)  
Milk, juice, lemonade, other drink mixes  
Condiments (mayo, BBQ sauce, ketchup, mustard)  
Disposable tableware  
Paper napkins, paper towels, paper plates  
Peanut butter, jelly  
Spices (salt, pepper, onion, garlic, Italian)  
Sugar (granulated, brown, powdered)  
Oatmeal, cereal  
Butter/margarine  
Cake/dessert mixes, frosting  
Fresh, frozen, canned fruit + vegetables (economy or 10#)  
Fruit juice (cans, bottles)  
Pasta, rice, instant potatoes

#### LINENS *(can be gently used)*

**Bath towels, wash cloths**  
**Bed sheets (twin, twin XL, queen), pillow cases, pillows**  
Blankets (including baby blankets)  
Dish cloths, hand towels, pot holders, aprons

#### OVER-THE-COUNTER MEDICATIONS *(sealed + original containers)*

Antacid tablets  
Children's teething gel  
Children's Tylenol  
Cold/sinus medication (non-alcoholic)  
Cough drops, cough syrup (non-alcoholic), throat lozenges  
Pain relievers (aspirin, ibuprofen, acetaminophen)  
PediaSure, Pedialyte

#### MISCELLANEOUS ITEMS

Batteries (C, D, AA, AAA)  
Bowls, cups, forks, spoons (disposable + reusable)  
Disinfectant wipes, non-alcoholic hand sanitizer, Lysol  
Kleenex (boxed, individual)  
Small pots + pans (heavy-duty/commercial grade)  
Large safety pins  
Large storage tubs  
Laundry detergent, dryer sheets  
Metal folding chairs  
Sunscreen

**\*Bolded items at the top of each section are especially needed at this time!**

Indianapolis Drop-off: Donation Center located at 2728 S. Madison Ave., Indianapolis, IN 46225  
Bloomington Drop-off: Center for Men located at 215 S. Westplex Ave, Bloomington, IN 47404

More Info: call our Administrative Offices at 317.635.3575 or visit our website, [WheelerMission.org](http://WheelerMission.org)